



Bridge City Independent School District
February 2012
High School & Middle School Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Region 5 ESC Food Service Coop's 12 th Annual Food Show & Tasting Beaumont Civic Center Tuesday Feb. 14 Students & Parents 4:00 pm – 6:00 pm 		1 Sausage/ Egg/Cheese Tac-Go ***** Turkey Tinga Tostada Seasoned Corn Rice Pilaf Salsa	2 Breakfast Wrap ***** Gumbo w/ Hot Rice/ Crackers Potato Salad Country Blend Vegetables Fresh Fruit	3 Warm Donut ***** Egg Rolls w/Sweet & Sour Sauce Asian Blend Veggies Pineapple Chunks Bread Stick Fortune Cookie
6 Pizza Bagel ***** Steak Fingers w/ Gravy Seasoned Corn Fresh Fruit Homemade Roll	7 Biscuit & Sausage ***** King Ranch Casserole Sweet Peas Fresh Fruit Homemade Roll	8 Pancakes & Sausage Link ***** Ham and Cheese Melt Fresh Veggies w/Dip Chips Chilled Fruit	9 Scrambled Eggs & Toast ***** Homemade Chili Hot Rice Pickle Spears Fresh Fruit Crackers	10 Snack n Waffles ***** Hot Dog Pork & Beans Chilled Fruit Cole Slaw
13 Breakfast Pizza Pocket ***** Heart Shaped Nuggets Smile Potatoes Squash & Zucchini Mix Homemade Roll Gravy	14 Oatmeal & Toast ***** Spaghetti w/ Meatballs Seasoned Lima Beans Fresh Fruit Garlic Bread <i>Valentine Treat!</i>	15 Kolache ***** BBQ Rib on Bun Baked Fries Seasoned Corn Jell-O	16 Pizza Strips ***** Chicken & Dumplings Okra and Tomatoes Fresh Fruit Texas Toast	17 Yogurt & Muffin ***** Beef Soft Tacos Lettuce / Tomato / Cheese Refried Beans Spanish Rice
20 Breakfast Pizza ***** Meatloaf Chilled Fruit Seasoned Peas Homemade Roll	21 Biscuit & Sausage ***** Beef & Cheese Nachos Lettuce / Tomato Refried Beans Spanish Rice	22 Smucker P B & J ***** Beans & Hot Rice Seasoned Green Beans Fresh Fruit Cornbread	23 Scrambled Eggs & Toast ***** Mandarin Chicken Chilled Fruit Steamed Broccoli Santa Fe Rice Goldfish	24 Twin Waffles ***** Twin Cheese Sticks Twin Celery Sticks w/Dip Twin Fruit Twin Cookies
27 Kolache ***** Chicken Sticks Chilled Fruit Seasoned Green Beans Homemade Roll	28 Breakfast Wrap ***** Fiesta Chili Mac Mexicali Corn Fresh Fruit Cornbread	29 Pancakes & Sausage Link ***** Turkey Burger Lettuce / Pickles / Tomato Cheesy Potatoes Mixed Fruit		

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- A variety of milk is offered with all meals.
- Available daily at Breakfast: cereal and graham crackers. Breakfast is \$1.35 (\$0.30 reduced) for students and \$1.95 for staff and \$2.45 for visitors.
- Fresh Fruit is offered daily. Chicken nuggets offered daily as an alternate lunch entrée.
- Students can select one meat entrée & two vegetables, fruit or salad daily.
- Lunch is \$2.10 (\$0.40 reduced) for students and \$3.10 for staff and \$3.60 for visitors.
- Menu subject to change due to availability of food items.